



University of Brighton

PROGRAMME SPECIFICATION

FINAL

PART 1: COURSE SUMMARY INFORMATION

Course summary		
Final award	BSc(Hons) Sport Science BSc(Hons) Sport and Exercise Science BSc(Hons) Sport and Exercise Science with PE BSc(Hons) Sport and Exercise Science with Nutrition BSc(Hons) Exercise and Health Science	
Intermediate award	BSc Sport and Exercise Science DipHE Sport and Exercise Science CertHE Sport and Exercise Science	
Course status	Validated	
Awarding body	University of Brighton	
School	Sport and Service Management	
Location of study/ campus	Eastbourne	
Partner institution(s)		
<i>Name of institution</i>	<i>Host department</i>	<i>Course status</i>
1. N/A	N/A	N/A
2.		
3.		
Admissions		
Admissions agency	UCAS	

Entry requirements <i>Include any progression opportunities into the course.</i>	<p>Check the University's website for current entry requirements.</p> <p>A-levels: ABB.</p> <p>BTEC: DDM.</p> <p>International Baccalaureate: 32 points, specified subjects.</p> <p>Access to HE Diploma pass (at least 45 credits at level 3) in science or health studies, with 24 credits at merit or above.</p> <p>GCSE (minimum grade C) or Access Equivalent at least five subjects including English language, mathematics and a science subject.</p> <p>For non-native speakers of English: IELTS 6.0 overall, with 6.0 in writing and a minimum of 5.5 in the other elements.</p> <p>Other: applicants studying a mixture of A-levels and BTEC will be made offers based on the above grades.</p>		
Start date (mmm-yy) <i>Normally September</i>	September 18		
Mode of study			
Mode of study	Duration of study (standard)	Maximum registration period	
Full-time	3 years	8 years	
Part-time	6 years	8 years	
Distance	na	na	
Course codes/categories			
UCAS code	C600		
Contacts			
Course Leader (or Course Development Leader)	Dr Louisa Beale		
Admissions Tutor	Dr Mark Hayes		
Examination and Assessment			
External Examiner(s)	Name	Place of work	Date tenure expires
	Dan Bishop	University of Lincoln	30/09/2022
	Dr Joseph Layden	St Mark & St John, Plymouth	30/9/2020
Examination Board(s) (AEB/CEB)	<p>SASM undergraduate combined area exam board</p> <p>BSc Sport and Exercise Science / BSc Sport Coaching programme exam board</p>		
Approval and review			
	Approval date	Review date	
Validation	2015	November 2017	

Programme Specification	November 2017	2018/19 This programme specification is applicable to students who start their studies in Sep 2018.
Professional, Statutory and Regulatory Body 1 (if applicable):		N/A ¹
Professional, Statutory and Regulatory Body 2 (if applicable):		
Professional, Statutory and Regulatory Body 3 (if applicable):		

¹ Date of most recent review by accrediting/ approving external body.

PART 2: COURSE DETAILS

AIMS AND LEARNING OUTCOMES

Aims

The aims of the course are:

The programme in Sport and Exercise Science aims to develop in students:

- Broad knowledge of the key academic constituencies of Sport and Exercise Sciences (biomechanics, physiology, psychology, independent research, graduate skills and research methods);
- Detailed understanding of selected core areas of knowledge and more specialist, sub-disciplinary work
- Understanding of the distinction between Sport and Exercise science;
- Application of knowledge and vocationally-relevant expertise in Sport or Exercise Sciences
- Independent research skills and critical theoretical analysis (potentially serving as a basis for postgraduate study);
- Understanding of the distinctive nature of the work of the teaching and research teams in applied sport and exercise biomechanics, physiology and psychology;
- Development of transferable skills relevant during and beyond university studies (interpretation of data; IT competencies; decision making; communication and presentation; team work; moral judgement and other professional and interpersonal skills).

[There are also exit routes from BSc(Hons) Sport and Exercise Science degree which are designed specifically for: 1) Students wishing to go on to qualify as teachers during a PGCE year 2) Students who wish to pursue issues around sport and exercise nutrition in more depth. Although one cannot apply initially to follow these routes, interested students can put themselves forward for these exit awards, and be considered in the light of their profiles and available places.]

Learning outcomes

The outcomes of the main award provide information about how the primary aims are demonstrated by students following the course. These are mapped to external reference points where appropriate².

Knowledge and theory	<ol style="list-style-type: none"> 1) Explain key concepts and theories from the breadth of the academic constituencies of Sport and Exercise Science 2) Explain the commonalities and distinctions between Sport and Exercise Science 3) Detailed explanation and critical evaluation of specific sub-disciplinary and applied areas of study 4) Apply and integrate foundation and specialist knowledge to vocationally-relevant settings 5) Independent research and critical analysis of literature from specific areas of interest. 6) Design and perform relevant data collection processes
Skills Includes intellectual skills (i.e. generic skills relating to academic	<ol style="list-style-type: none"> 7) Analyse quantitative and qualitative data 8) Critically interpret scientific information 9) Utilise relevant information and communications technology

² Please refer to *Course Development and Review Handbook* or QAA website for details.

study, problem solving, evaluation, research etc.) and professional/practical skills.	10) Communicate effectively and in appropriate style both orally and in writing. 11) Utilise social and interpersonal skills and opportunities for reflection and personal development.
QAA subject benchmark statement (where applicable) ³	N/A

PROFESSIONAL, STATUTORY AND REGULATORY BODIES (where applicable)

Where a course is accredited by a PSRB, full details of how the course meets external requirements, and what students are required to undertake, are included.

Recognised by the British Association of Sport and Exercise Sciences (BASES) for the purposes of endorsement by the BASES Undergraduate Endorsement Scheme (BUES)

Whilst the British Association of Sport and Exercise Sciences (BASES) is not a PSRB, the course is part of the BASES undergraduate accreditation scheme (Course re-endorsed November 2014, expires November 2019)

LEARNING AND TEACHING

Learning and teaching methods

This section sets out the primary learning and teaching methods, including total learning hours and any specific requirements in terms of practical/ clinical-based learning. The indicative list of learning and teaching methods includes information on the proportion of the course delivered by each method and details where a particular method relates to a particular element of the course.

The information included in this section complements that found in the Key Information Set (KIS), with the programme specification providing further information about the learning and teaching methods used on the course.

The course contains some compulsory assessments not included in the breakdown provided on the KIS because they cannot be directly linked to credit. For example a pass/fail skills test included in one of the modules or as a course requirement. Full details of assessments within a module can be found on the University's VLE, student central

Teaching and learning methods will include:

- Tutor-led lectures, seminars and group discussion
- Practical laboratory skills
- Formative assessment tasks
- Distinguished visiting speakers
- Blended learning activities
- Computer-aided learning
- Group work
- Case studies
- Role plays
- Debates
- Group and individual tutorials
- Independent learning

The teaching and learning approaches have been chosen as ones which will promote a positive approach to learning in the course, the development of questioning approaches and increased autonomy and independence of students. For example, individual and group tutorials help to direct students' work, develop critical and

³ Please refer to the QAA website for details.

practical understanding, and provide underpinning support for self-development. The School also recognises the importance of informal learning arrangements which students encounter individually or in peer groups through non-contact research and study. The overall aim is to provide a learning experience which will enable students to develop the knowledge, analytical skills and communication skills needed to work effectively using a scientific philosophy and knowledge base in academic or applied settings within sport and exercise. Students report they appreciate the range and variety of teaching styles employed and this view is supported by external examiners.

The emphasis will continue to be on applied learning approaches, linking theory closely to practice (where possible) whilst adequately contextualising and conceptualising relevant issues.

Module descriptors detail the specific teaching and learning strategies employed in each module. These have all been subject to validation.

It is difficult to give precise details for a modular programme, where a significant proportion of the modules are 'choice'

At Level 4 and Level 5 there are inclusivity modules (SE403 and SE525) whereby students are able to choose a variety of assessment modes within one assessment task. As Level 6 contains all choice modules except the dissertation module, students can choose a suite of modules to suit their assessment preference.

Modules within the course will utilise blended learning, whereby online content and learning will set up students to the interactive lecture, examples of this are within SI528, SI521 and SI627.

Employability skills are embedded within the modules. Obvious examples include the placement module (SI603) and Exercise Referral (SI524) whereby the students work with clients. However, more subtly modules include physiological or performance assessment and feedback to a client (SE470, SI528, SI628, SI629) requiring a number of softer skills. Likewise, students produce assessment tasks closely linked to 'real world' work, such as SI627 and SI630 Grant Proposals and SI621 Case Studies. Further, there are a number of opportunities to improve presentation skills from level 4 (SE426, SE403) onwards (SE525, SI528, SI524, DI603, SI621, SI672, SI628, SI630). Further, within modules at Level 4 (SE426 and SE403) and within induction week at Level 5 and 6, career and employability sessions are held in collaboration with the careers team. At Level 5 and 6 these are followed up with career based academic tutorials.

ASSESSMENT

Assessment methods

This section sets out the summative assessment methods on the course and includes details on where to find further information on the criteria used in assessing coursework. It also provides an assessment matrix which reflects the variety of modes of assessment, and the volume of assessment in the course.

The information included in this section complements that found in the Key Information Set (KIS), with the programme specification providing further information about how the course is assessed.

The School's assessment strategy is in line with the University's Assessment Policy and the School's Code of Practice in Assessment, which was used in the preparation of this programme.

The importance of both formative and summative assessment is recognised, although the assessments described in the module descriptors refer primarily to summative assessment.

Formative assessment is delivered in a number of ways: Sometimes it occurs as part of a summative assessment phase for example, when a tutor's comments on a summative assessment have a formative influence, or when the preparation of summative assessments use tutorial guidance in an explicitly formative manner. Sometimes there are distinct formative assessments also, which are discussed with tutors or in seminars.

All modules are assessed using the assessment criteria detailed on the individual modules descriptions, which are linked to the learning outcomes for that module. Additionally, the criteria for award of particular coursework marks or grades are provided by the Grading Criteria / Grading Descriptors which are provided in the annexes to the School of Sport and Service Management's Code of Practice in Assessment. Examination mark schemes for year two and three work are reviewed by external examiners.

Assessment design, too, is in line with all the principles from the University's Assessment Policy; and is regularly discussed as part of programme monitoring and evaluation. In particular, special attention is paid:

- To the appropriateness of assessment to the curriculum
- To designing assessments which encourage learning
- To aligning assessment with learning outcomes

Assignments are moderated throughout, often as part of a team-teaching design, or with the tutor involved in module monitoring and evaluation. In particular, dissertations are all subject to unseen double-marking. Any outstanding differences will then be resolved through discussion between markers, and if necessary through the use of an additional marker. Any dissertations where grading proved hard to resolve will be drawn to the attention of external examiners for their comments.

Indicative list of primary assessment methods:

- Essay
- Case-study report
- Laboratory report
- Portfolio
- Unseen examination
- Practical laboratory assessment
- Individual presentation
- Group presentation
- Dissertation

Learning Outcome	Assessment method	Module	Number of credits
1) Explain key concepts and theories from the breadth of the academic constituencies of Sport and Exercise Science	<ul style="list-style-type: none"> ▪ Essay ▪ Laboratory report ▪ Portfolio ▪ Unseen examination ▪ Individual presentation 	SE470	20
		SE570	20
		SE571	20
		SE590	20
		SI621	20
		SI623	20
2) Explain the commonalities and distinctions between Sport and Exercise Science	<ul style="list-style-type: none"> ▪ Essay ▪ Laboratory report ▪ Portfolio ▪ Individual presentation 	SE426	20
		SE403	20
		SE470	20
		SE570	20
		SE571	20
		SE590	20
3) Detailed explanation and critical evaluation of specific sub-disciplinary and applied areas of study	<ul style="list-style-type: none"> ▪ Essay ▪ Laboratory report ▪ Portfolio ▪ Individual presentation 	SE570	20
		SE571	20
		SE590	20
		Choice modules (e.g.)	
		SI621	20
		SI623	20
		SI627	20
		SI628	20
		SI629	20
		SI672	20
		SI601	20
SI608	20		
4) Apply and integrate foundation and specialist knowledge to vocationally-relevant settings	<ul style="list-style-type: none"> ▪ Essay ▪ Laboratory report ▪ Portfolio ▪ Individual presentation 	LE434	20
		SE403	20
		Choice modules (e.g.)	
		SI524	20
		SI521	20
		SI529	20
		SI630	20
		SI621	20
		SI628	20
SI608	20		
SI603	20		
5) Independent research and critical analysis of literature from specific areas of interest.	<ul style="list-style-type: none"> ▪ Essay ▪ Laboratory report ▪ Portfolio ▪ Individual presentation 	SE426	20
		LE434	20
		SE525	20
		DI603	40
		Choice modules (e.g.)	
		SI621	20
		SI623	20
		SI627	20
		SI630	20
		SI608	20
SI603	20		

6) Design and perform relevant data collection processes	<ul style="list-style-type: none"> ▪ Laboratory report ▪ Dissertation 	DI603 Choice modules e.g. SI521 SI627 SI621 SI623	40 20 20 20 20
7) Analyse quantitative and qualitative data	<ul style="list-style-type: none"> ▪ Essay ▪ Laboratory report ▪ Portfolio ▪ Dissertation ▪ Grant Proposal 	SE570 SE571 SE525 SE590 DI603 Choice modules (e.g.) SI624 SI621 SI623 SI627 SI628 SI629 SI630 SI672 SI601 SI608	20 20 20 20 40 20 20 20 20 20 20 20 20 20 20
8) Critically interpret scientific information	<ul style="list-style-type: none"> ▪ Essay ▪ Laboratory report ▪ Portfolio ▪ Dissertation ▪ Grant Proposal 	SE570 SE571 SE590 DI603 Choice modules (e.g.) SI521 SE572 SI624 SI621 SI623 SI627 SI628 SI629 SI630 SI672 SI601 SI608	20 20 20 40 20 20 20 20 20 20 20 20 20 20 20
9) Utilise relevant information and communications technology	<ul style="list-style-type: none"> ▪ Essay ▪ Laboratory report ▪ Individual presentation ▪ Unseen Examination 	SE403 SE426 SE570 SE571 SE590 SE525 SI528 DI603 Choice modules (e.g.) SI621	20 20 20 20 20 20 20 40 20

		SI623 SI627 SI628 SI629 SI672 SI601 SI608	20 20 20 20 20 20 20
10) Communicate effectively and in appropriate style both orally and in writing.	<ul style="list-style-type: none"> ▪ Essay ▪ Laboratory report ▪ Individual presentation ▪ Dissertation ▪ Group Presentation ▪ 	SE403 LE434 SE426 SE570 SE571 SE572 SE590 SI623 SI621 SI630 DI603	20 20 20 20 20 20 20 20 20 20 20 40
11) Utilise social and interpersonal skills and opportunities for reflection and personal development.	<ul style="list-style-type: none"> • Essay • Portfolio ▪ Group Presentation 	SE471 SI528 SI524 SE426 SE590 SI603	20 20 20 20 20 20

SUPPORT AND INFORMATION

Institutional/ University	All students benefit from: University induction week Student Contract School pages on student central (including Module Descriptors, regulations etc) Extensive library facilities Computer pool rooms E-mail address Welfare service Personal tutor for advice and guidance
Course-specific Additional support, specifically where courses have non-traditional patterns of delivery (e.g. distance learning and work-based learning) include:	In addition, students on this course benefit from: Course Induction Academic Tutor, for advice and guidance Course Leader & Deputy Course Leader Liaison Tutor for special needs, disability Sport and Recreation Service Sport Facilities Physiotherapy service Technical Instructors School-based laboratory facilities (and technical support)

PART 3: COURSE SPECIFIC REGULATIONS

COURSE STRUCTURE (and KIS 'typical pathway')

This section includes an outline of the structure of the programme, including stages of study and progression points. Course Leaders may choose to include a structure diagram here.

PROGRAMME STRUCTURE

The first and second year of the course provide a breadth of knowledge across the core modules of sport and exercise science; namely, biomechanics, physiology, and psychology. In semesters 3-6 subsequent choice of modules determine the final degree title – 'Sport Science', 'Exercise and Health Science', 'Sport and Exercise Science', 'Sport and Exercise Science with Nutrition' or 'Sport and Exercise Science with Physical Education'. Sport science places the emphasis towards performance and considers the elite athlete, whereas exercise and health science examines issues of health-related fitness and wellness in general populations and populations that are symptomatic of different disease states.

Increasing choice allows specialisation and the pursuit of personal interests, or enables breadth to be kept to their degree if students are less sure of their career direction. Through the modular system, students can choose options to specialise in areas of teaching and coaching physical activities; leisure cultures as well as selecting modules outside the School of Sport and Service Management (i.e. communications, management and marketing modules). The application of students' understanding is fundamental to sport and exercise science and therefore, is emphasised throughout the degree but becomes much more of a focus within the choice modules at Level 5 and 6.

In addition, there is a 'thread' of research methods throughout the degree (SE426, SE525 and embedded in DI603), that come together in the work of the dissertation (DI603), but also of many of the other choice level three modules.

BSc(Hons) Sport Science / BSc(Hons) Exercise and Health Science / BSc(Hons) Sport and Exercise Science

Students will take 360 credits over the period of study of which 260 credits will be compulsory modules, including the 40 credit dissertation module. The compulsory modules at Level 4 are:

- SE471 - Musculoskeletal Anatomy and Fundamental Biomechanics (20 credits)
- SE470 - Sport and Exercise Physiology (20 credits)
- SE490 - Foundations of Sport and Exercise (20 credits)
- SE426 - The Scientific Study of Sport and Exercise (20 credits)
- LE434 - Sport and the Body (20 credits)
- SE403 - Exercise for Health and Physical Performance (20 credits)

At Level 4, students will share some of their modules with students on other degree routes. Assessment at Level 4 is designed to require students to demonstrate a sound grasp of fundamental material and the ability to conceptualise and analyse issues in a broad context.

The compulsory modules at Level 5 are:

- SE571 - Biomechanics of Sport and Exercise (20 credits)
- SE570 - Functional Physiology of Sport and Exercise (20 credits)
- SE590 - Sport and Exercise Psychology (20 credits)
- SE525 - Data Analysis and Research Methods (20 credits)

Students complete 40 credits of optional modules during Level 5 / Year 2. Of the optional modules taken during Level 5 / Year 2, at least 20 credits must be taken from modules provided by the School's Sport and Exercise Science area

The compulsory module at Level 6 is:

- DI603 - Dissertation: Sport & Exercise Science (40 credits)

Students complete 80 credits of optional modules during Level 6 / Year 3. Of the optional modules taken during Level 6 / Year 3, at least 60 credits must be taken from modules provided by the School's Sport and Exercise Science area.

Student choice in Level 6 will be guided by tutors to ensure that sufficient modules are taken from the Sport and Exercise Science sub-disciplines. These specialist modules require synthesis, critical reflective independent evaluation and a capacity for innovative problem-solving thinking in Sport and/or Exercise Science.

Students will normally only be able to choose Level 5 optional modules in Level 5 / Year 2 and optional modules in Level 6 / Year 3.

Distinction between Sport & Exercise Science, Sport Science and Exercise & Health Science Outcomes

Both Sport Science and Exercise and Health Science are studied together by all students up to the end of the second stage. Thereafter students either choose to:

- Specialise in one discipline or the other and graduate with the appropriate title of either BSc(Hons) Sport Science or BSc(Hons) Exercise and Health Science. These exit routes are determined on the basis of the emphasis of the Dissertation and the choice module selection from a bank of four Level 6 / Year 3 modules related to that exit route, as specified below.

alternatively

- Students may choose to continue on a programme that relates to both sport and exercise science by selecting choice modules from as specified below, students will graduate with a BSc(Hons) Sport and Exercise Science.

The course structures for each exit route along with the compulsory and exemplar optional modules are shown below. Students will complete a graduation form at the beginning of Level 6 / Year 3 to confirm their chosen exit route and final project topic area.

BSc(Hons) Sport and Exercise Science

	Semester 1	Semester 2
Level 4 Year 1	SE471 Musculoskeletal Anatomy and Fundamental Biomechanics 20 credits Level 4	
	SE470 Foundations of Sport & Exercise Physiology 20 credits Level 4	
	SE490 Foundations of Sport & Exercise Psychology 20 credits Level 4	
	SE426 The Scientific Study of Sport & Exercise 20 credits Level 4	
	SE403 Exercise for Health and Physical Performance 20 credits Level 4	
	LE434 Sport and the Body 20 credits Level 4	
	Progression Point	
Level 5 Year 2	SE570 Functional Physiology of Sport & Exercise 20 credits Level 5	
	SE571 Biomechanics of Sport & Exercise 20 credits Level 5	
	SE590 Sport & Exercise Psychology 20 credits Level 5	
	SE525 Data Analysis and Research Methods 20 credits Level 5	
	OPTIONAL MODULE 20 credits Level 5	
	OPTIONAL MODULE 20 credits Level 5	
Progression Point		
Level 6 Year 3	DI603 Dissertation 40 credits Level 6	
	OPTIONAL 'SPORT SCIENCE' MODULE 20 credits Level 6	
	OPTIONAL 'EXERCISE AND HEALTH SCIENCE' MODULE 20 credits Level 6	
	OPTIONAL MODULE 20 credits Level 6	
	OPTIONAL MODULE 20 credits Level 6	

Note: In Level 5 / Year 2, at least 20 of the 40 credits drawn from optional modules must be from the Sport and Exercise Science area.

In Level 6 / Year 3, at least 20 of the 80 credits must be from the 'Sport Science' area and further 20 of the 80 credits must be from the 'Exercise & Health Science' area. Of the remaining 40 credits of optional modules, a maximum of 20 credits can be taken from optional modules outside of the Sport and Exercise Science area.

Modules					
Status:					
M = Mandatory (modules which must be taken and passed to be eligible for the award)					
C = Compulsory (modules which must be taken to be eligible for the award)					
O = Optional (optional modules)					
A = Additional (modules which must be taken to be eligible for an award accredited by a professional, statutory or regulatory body, including any non-credit bearing modules)					
Optional modules listed are indicative only and may be subject to change, depending on timetabling and staff availability.					
KIS route (UG courses only): Indicate with a X the modules likely to represent the 'typical pathway' through the course. This will include all core/mandatory modules and those optional modules likely to represent the most frequent choice.					
<i>Level⁴</i>	<i>Module code</i>	<i>Status</i>	<i>Module title</i>	<i>Credit</i>	<i>KIS route</i>
4	SE471	C	Musculoskeletal Anatomy and Fundamental Biomechanics	20	X
4	SE470	C	Foundations of Sport and Exercise Physiology	20	X
4	SE490	C	Foundations of Sport and Exercise Psychology	20	X
4	SE426	C	The Scientific Study of Sport and Exercise	20	X
4	LE434	C	Sport and the Body	20	X
4	SE403	C	Exercise for Health and Physical Performance	20	X
5	SE571	C	Biomechanics of Sport and Exercise	20	X
5	SE570	C	Applied Physiology	20	X
5	SE590	C	Sport and Exercise Psychology	20	X
5	SE525	C	Data Analysis and Research Methods	20	X
5	SI524	O	Exercise Referral and Rehabilitation	20	
5	SI521	O	Performance in Environmental Extremes	20	
5	SI528	O	Strength and Conditioning	20	X
5	SI529	O	Performance Analysis	20	
5	SE572	O	Nutrition for physical activity	20	X
5	SI522	O	Sport Psychology in Action	20	
The following modules are not Sport and Exercise Science specific but are available optional modules for this exit route:					
5	SM526	O	Marketing, Communications and Advertising	20	
5	LE560	O	Sport for Development and Peace	20	
5	SI540	O	Globalisation and Sport	20	
5	SI557	O	Outdoor Adventurous Activities	20	
5	SI575	O	Games	20	
6	DI603	C	Dissertation: Sport & Exercise Science	40	X
Must choose a minimum of one from the following five "Sport Science" specific modules					
6	SI629	O	Advanced Performance Analysis	20	
6	SI623	O	The Science of Physical Training	20	X
6	SI601	O	Applied Sport Psychology	20	

⁴ All modules have learning outcomes commensurate with the FHEQ levels 0, 4, 5, 6, 7 and 8. List the level which corresponds with the learning outcomes of each module.

6	SI628	O	Advanced Strength and Conditioning	20	
6	SI603	O	Personal and Professional Development in Sport and Exercise Science (with a Sport Science focus)	20	
Must choose a minimum of one from the following five "Exercise and Health Science" specific modules					
6	SI621	O	Physiological Aspects of Exercise, Nutrition and Health	20	
6	SI624	O	Injury and Rehabilitation in Sport and Exercise Science	20	X
6	SI608	O	Applied Exercise & Health Psychology	20	
6	SI630	O	Exercise, Sport and the Brain	20	
6	SI603	O	Personal and Professional Development in Sport and Exercise Science (Exercise & Health focussed project)	20	
The following modules are standard Sport and Exercise Science optional modules:					
6	SI627	O	Expedition Physiology	20	X
6	SI672	O	Sports Nutrition	20	X
The following modules are not Sport and Exercise Science specific but are available optional modules for this exit route:					
6	SI685/SI686	O	Level 6 Practical Activity	20	
6	SI640	O	Practical Aspects of the Law and Regulation of Sport	20	
6	LE662	O	Theory, Sport and the Future	20	
6	SI663	O	Racism in Sport and Popular Culture	20	
6	SI668	O	Sport and Deviancy	20	

BSc(Hons) Sport Science

	Semester 1	Semester 2
Level 4 Year 1	SE471 Musculoskeletal Anatomy and Fundamental Biomechanics 20 credits Level 4	
	SE470 Foundations of Sport & Exercise Physiology 20 credits Level 4	
	SE490 Foundations of Sport & Exercise Psychology 20 credits Level 4	
	SE426 The Scientific Study of Sport & Exercise 20 credits Level 4	
	SE403 Exercise for Health and Physical Performance 20 credits Level 4	
	LE434 Sport and the Body 20 credits Level 4	
	Progression Point	
Level 5 Year 2	SE570 Functional Physiology of Sport & Exercise 20 credits Level 5	
	SE571 Biomechanics of Sport & Exercise 20 credits Level 5	
	SE590 Sport & Exercise Psychology 20 credits Level 5	
	SE525 Research Methods 20 credits Level 5	
	OPTIONAL MODULE 20 credits Level 5	
	OPTIONAL MODULE 20 credits Level 5	
Progression Point		
Level 6 Year 3	DI603 Dissertation – 'SPORT SCIENCE' FOCUS 40 credits Level 6	
	OPTIONAL 'SPORT SCIENCE' MODULE 20 credits Level 6	
	OPTIONAL 'SPORT SCIENCE' MODULE 20 credits Level 6	
	OPTIONAL MODULE 20 credits Level 6	
	OPTIONAL MODULE 20 credits Level 6	

Note: In Level 5 / Year 2, at least 20 of the 40 credits drawn from optional modules must be from the Sport and Exercise Science area.

In Level 6 / Year 3, at least 40 of the 80 credits must be from the 'Sport Science' area. Of the remaining 40 credits of optional modules, a maximum of 20 credits can be taken from optional modules outside of the Sport and Exercise Science area

Modules					
Status:					
M = Mandatory (modules which must be taken and passed to be eligible for the award)					
C = Compulsory (modules which must be taken to be eligible for the award)					
O = Optional (optional modules)					
A = Additional (modules which must be taken to be eligible for an award accredited by a professional, statutory or regulatory body, including any non-credit bearing modules)					
Optional modules listed are indicative only and may be subject to change, depending on timetabling and staff availability.					
KIS route (UG courses only): Indicate with a X the modules likely to represent the 'typical pathway' through the course. This will include all core/mandatory modules and those optional modules likely to represent the most frequent choice.					
Level⁵	Module code	Status	Module title	Credit	KIS route
4	SE471	C	Musculoskeletal Anatomy and Fundamental Biomechanics	20	X
4	SE470	C	Foundations of Sport and Exercise Physiology	20	X
4	SE490	C	Foundations of Sport and Exercise Psychology	20	X
4	SE426	C	The Scientific Study of Sport and Exercise	20	X
4	LE434	C	Sport and the Body	20	X
4	SE403	C	Exercise for Health and Physical Performance	20	X
5	SE571	C	Biomechanics of Sport and Exercise	20	X
5	SE570	C	Applied Physiology	20	X
5	SE590	C	Sport and Exercise Psychology	20	X
5	SE525	C	Data Analysis and Research Methods	20	X
5	SI524	O	Exercise Referral and Rehabilitation	20	
5	SI521	O	Performance in Environmental Extremes	20	
5	SI528	O	Strength and Conditioning	20	X
5	SI529	O	Performance Analysis	20	
5	SE572	O	Nutrition for physical activity	20	X
5	SI522	O	Sport Psychology in Action	20	
The following modules are not Sport and Exercise Science specific but are available optional modules for this exit route:					
5	SI540	O	Globalisation and Sport	20	
5	SI557	O	Outdoor Adventurous Activities	20	
5	SM526	O	Marketing, Communications and Advertising	20	
5	LE560	O	Sport for Development and Peace	20	
5	SI575	O	Games	20	
6	DI603	C	Dissertation: Sport and Exercise Science with a 'Sport Science' focus	40	X
Must choose a minimum of two from the following five "Sport Science" specific modules					
6	SI623	O	Science of Physical Training and Performance	20	X
6	SI629	O	Advanced Performance Analysis	20	X
6	SI601	O	Applied Sport Psychology	20	

⁵ All modules have learning outcomes commensurate with the FHEQ levels 0, 4, 5, 6, 7 and 8. List the level which corresponds with the learning outcomes of each module.

6	SI628	O	Advanced Strength and Conditioning	20	
6	SI603	O	Personal and Professional Development in Sport and Exercise Science (Sport focussed Project)	20	X
The following modules are standard Sport and Exercise Science optional modules:					
6	SI603	O	Personal and Professional Development in Sport and Exercise Science (Sport focussed Project)	20	
6	SI624	O	Injury and Rehabilitation in Sport and Exercise Science	20	
6	SI621	O	Physiological Aspects of Exercise, Nutrition and Health	20	
6	SI627	O	Expedition Physiology	20	
6	SI630	O	Exercise, Sport and the Brain	20	X
6	SI672	O	Sports Nutrition	20	
6	SI608	O	Applied Exercise & Health Psychology	20	
The following modules are not Sport and Exercise Science specific but are available optional modules for this exit route:					
6	SI685/SI686	O	Level 6 Practical Activity	20	
6	SI640	O	Practical Aspects of the Law and Regulation of Sport	20	
6	LE662	O	Theory, Sport and the Future	20	
6	SI663	O	Racism in Sport and Popular Culture	20	
6	SI668	O	Sport and Deviancy	20	

BSc(Hons) Exercise and Health Science

	Semester 1	Semester 2
Level 4 Year 1	SE471 Musculoskeletal Anatomy and Fundamental Biomechanics 20 credits Level 4	
	SE470 Foundations of Sport & Exercise Physiology 20 credits Level 4	
	SE490 Foundations of Sport & Exercise Psychology 20 credits Level 4	
	SE426 The Scientific Study of Sport & Exercise 20 credits Level 4	
	SE403 Exercise for Health and Physical Performance 20 credits Level 4	
	LE434 Sport and the Body 20 credits Level 4	
	Progression Point	
Level 5 Year 2	SE570 Functional Physiology of Sport & Exercise 20 credits Level 5	
	SE571 Biomechanics of Sport & Exercise 20 credits Level 5	
	SE590 Sport & Exercise Psychology 20 credits Level 5	
	SE525 Research Methods 20 credits Level 5	
	OPTIONAL MODULE 20 credits Level 5	
	OPTIONAL MODULE 20 credits Level 5	
Progression Point		
Level 6 Year 3	DI603 Dissertation – 'EXERCISE & HEALTH SCIENCE' FOCUS 40 credits Level 6	
	OPTIONAL 'EXERCISE & HEALTH SCIENCE' MODULE 20 credits Level 6	
	OPTIONAL 'EXERCISE & HEALTH SCIENCE' MODULE 20 credits Level 6	
	OPTIONAL MODULE 20 credits Level 6	
OPTIONAL MODULE 20 credits Level 6		

Note: In Level 5 / Year 2, at least 20 of the 40 credits drawn from optional modules must be from the Sport and Exercise Science area.

In Level 6 / Year 3, at least 40 of the 80 credits must be from the 'Exercise and Health Science' area. Of the remaining 40 credits of optional modules, a maximum of 20 credits can be taken from optional modules outside of the Sport and Exercise Science area

Modules					
Status:					
M = Mandatory (modules which must be taken and passed to be eligible for the award)					
C = Compulsory (modules which must be taken to be eligible for the award)					
O = Optional (optional modules)					
A = Additional (modules which must be taken to be eligible for an award accredited by a professional, statutory or regulatory body, including any non-credit bearing modules)					
Optional modules listed are indicative only and may be subject to change, depending on timetabling and staff availability.					
KIS route (UG courses only): Indicate with a X the modules likely to represent the 'typical pathway' through the course. This will include all core/mandatory modules and those optional modules likely to represent the most frequent choice.					
Level⁶	Module code	Status	Module title	Credit	KIS route
4	SE471	C	Musculoskeletal Anatomy and Fundamental Biomechanics	20	X
4	SE470	C	Foundations of Sport and Exercise Physiology	20	X
4	SE490	C	Foundations of Sport and Exercise Psychology	20	X
4	SE426	C	The Scientific Study of Sport and Exercise	20	X
4	LE434	C	Sport and the Body	20	X
4	SE403	C	Exercise for Health and Physical Performance	20	X
5	SE571	C	Biomechanics of Sport and Exercise	20	X
5	SE570	C	Applied Physiology	20	X
5	SE590	C	Sport and Exercise Psychology	20	X
5	SE525	C	Data Analysis and Research Methods	20	X
5	SI524	O	Exercise Referral and Rehabilitation	20	X
5	SI521	O	Performance in Environmental Extremes	20	
5	SI528	O	Strength and Conditioning	20	X
5	SI529	O	Performance Analysis	20	
5	SE572	O	Nutrition for physical activity	20	
5	SI522	O	Sport Psychology in Action	20	
The following modules are not Sport and Exercise Science specific but are available optional modules for this exit route:					
5	SI540	O	Globalisation and Sport	20	
5	SI557	O	Outdoor Adventurous Activities	20	
5	SM526	O	Marketing, Communications and Advertising	20	
5	LE560	O	Sport for Development and Peace	20	
5	SI575	O	Games	20	
6	DI603	C	Dissertation: Sport and Exercise Science with a 'Exercise & Health Science' focus	40	X
Must choose a minimum of two from the following five "Exercise and Health Science" specific modules:					
6	SI624	O	Injury and Rehabilitation in Sport and Exercise Science	20	X
6	SI621	O	Physiological Aspects of Exercise, Nutrition and Health	20	X
6	SI608	O	Applied Exercise & Health Psychology	20	X

⁶ All modules have learning outcomes commensurate with the FHEQ levels 0, 4, 5, 6, 7 and 8. List the level which corresponds with the learning outcomes of each module.

6	SI630	O	Exercise, Sport and the Brain	20	
6	SI603	O	Personal and Professional Development in Sport and Exercise Science (Exercise & Health Focussed Project)	20	X
The following modules are standard Sport and Exercise Science optional modules:					
6	SI623	O	Science of Physical Training and Performance	20	
6	SI627	O	Expedition Physiology	20	
6	SI628	O	Advanced Strength and Conditioning	20	
6	SI629	O	Advanced Performance Analysis	20	
6	SI672	O	Sports Nutrition	20	
6	SI601	O	Applied Sport Psychology	20	
6	SI603	O	Personal and Professional Development in Sport and Exercise Science (Sport focussed Project)	20	
The following modules are not Sport and Exercise Science area but are available optional modules for this exit route:					
6	SI685	O	Level 6 Practical Activity	20	
6	SI640	O	Practical Aspects of the Law and Regulation of Sport	20	
6	LE662	O	Theory, Sport and the Future	20	
6	SI663	O	Racism in Sport and Popular Culture	20	
6	SI668	O	Sport and Deviancy	20	

BSc(Hons) Sport and Exercise Science with Physical Education

Students following the 'with PE' exit awards have a modified focus in year two and three, provided by their 'audited' physical education and practical activity modules. The 120 credits of the 'with PE' minor are assembled from modules taken as part of the PE programme and modules decided on the basis of an audit of competencies (80 credits). In addition, their dissertation work must be on a PE orientated project (40 credits). This is checked by the Course Leader.

Those students that choose to do the 'with PE' route will be required to follow the selection of modules that are agreed during the meeting with the PGCE route leader. Students wishing to progress onto a PGCE PE course following the completion of their undergraduate degree, apply for a place on the PGCE PE course here at the University of Brighton or at any other institution via the Graduate Teacher Training Registry (GTTR) website (<http://www.gttr.ac.uk/>) near the start of the final year of their undergraduate degree course.

The course structure along with the mandatory, compulsory and exemplar optional modules on the course are shown below

BSc(Hons) Sport and Exercise Science with Physical Education

	Semester 1	Semester 2
Level 4 Year 1	SE471 Musculoskeletal Anatomy and Fundamental Biomechanics 20 credits Level 4	
	SE470 Foundations of Sport & Exercise Physiology 20 credits Level 4	
	SE490 Foundations of Sport & Exercise Psychology 20 credits Level 4	
	SE426 The Scientific Study of Sport & Exercise 20 credits Level 4	
	SE403 Exercise for Health and Physical Performance 20 credits Level 4	
	LE434 Sport and the Body 20 credits Level 4	
	Progression Point	
Level 5 Year 2	SE570 Functional Physiology of Sport & Exercise 20 credits Level 5	
	SE571 Biomechanics of Sport & Exercise 20 credits Level 5	
	SE590 Sport & Exercise Psychology 20 credits Level 5	
	SE525 Research Methods 20 credits Level 5	
	AUDITED PE MODULE 20 credits Level 5	
	AUDITED PE MODULE 20 credits Level 5	
Progression Point		
Level 6 Year 3	DI603 Dissertation - PE FOCUS 40 credits Level 6	
	AUDITED PE MODULE 20 credits Level 6	
	AUDITED PE MODULE 20 credits Level 6	
	OPTIONAL SES MODULE 20 credits Level 6	
	OPTIONAL SES MODULE 20 credits Level 6	

Note: In Level 6 / Year 3, the 40 credits of optional modules, which are not audited PE modules, must be drawn from the Sport and Exercise Science area only. The dissertation (DI603) must have a Physical Education focus.

Modules					
Status:					
M = Mandatory (modules which must be taken and passed to be eligible for the award)					
C = Compulsory (modules which must be taken to be eligible for the award)					
O = Optional (optional modules)					
A = Additional (modules which must be taken to be eligible for an award accredited by a professional, statutory or regulatory body, including any non-credit bearing modules)					
KIS route (UG courses only): Indicate with a X the modules likely to represent the 'typical pathway' through the course. This will include all core/mandatory modules and those optional modules likely to represent the most frequent choice.					
Level⁷	Module code	Status	Module title	Credit	KIS route
4	SE471	C	Musculoskeletal Anatomy and Fundamental Biomechanics	20	X
4	SE470	C	Foundations of Sport and Exercise Physiology	20	X
4	SE490	C	Foundations of Sport and Exercise Psychology	20	X
4	SE426	C	The Scientific Study of Sport and Exercise	20	X
4	LE434	C	Sport and the Body	20	X
4	SE403	C	Exercise for Health and Physical Performance	20	X
5	SE571	C	Biomechanics of Sport and Exercise	20	X
5	SE570	C	Applied Physiology	20	X
5	SE590	C	Sport and Exercise Psychology	20	X
5	SE525	C	Data Analysis and Research Methods	20	X
5	SI575	O	Games	20	
5	SE572	O	Nutrition for Physical Activity	20	
5	PU503	O	Learning and Teaching Through Athletic and Adventurous Activities	20	
5	PU504	O	Learning and Teaching Through Gymnastics and Swimming	20	
5	PU502	O	Learning and Teaching Through Games and Dance	20	
5	PE509	O	Pedagogy and Practice in Physical Education and Sport	20	
5	SI570	O	Primary Physical Education: Theory and Practice of Teaching KS1 and KS2 PE	20	X
5	SI557	O	Outdoor Adventurous Activities	20	
5	PU533	O	Creating a Positive Teaching and Learning Environment	20	
5	PU599	O	Accredited Physical Education	20	X
6	DI603	C	Dissertation: Sport & Exercise Science with a Physical Education or Youth focus.	40	X
Must choose two from the following seven audited PE modules:					
6	SI639	O	Martial Arts and Combat Sports: Theory and Practice	20	
6	SI690	O	Primary Physical Education: Active Learning in the Primary Setting	20	

⁷ All modules have learning outcomes commensurate with the FHEQ levels 0, 4, 5, 6, 7 and 8. List the level which corresponds with the learning outcomes of each module.

6	PU671	O	Physical Education and the National Agenda	20	
6	SI685	O	Level 6 Practical Activity	20	X
6	PU603	O	Education Studies 3: Inclusive Practice	20	
6	SI640	O	Practical Aspects of the Law and Regulation of Sport	20	
6	PU699	O	Physical Education in the 14-19 Curriculum	20	X
Must choose two from the following eleven Sport and Exercise Science specific modules:					
6	SI624	O	Injury and Rehabilitation in Sport and Exercise Science	20	
6	SI621	O	Physiological Aspects of Exercise, Nutrition and Health	20	
6	SI623	O	Science of Physical Training and Performance	20	
6	SI627	O	Expedition Physiology	20	
6	SI628	O	Advanced Strength and Conditioning	20	
6	SI629	O	Advanced Performance Analysis	20	
6	SI630	O	Exercise, Sport and the Brain	20	
6	SI672	O	Sports Nutrition	20	
6	SI603	O	Personal and Professional Development in Sport and Exercise Science (Exercise & Health or Sport focussed Project)	20	X
6	SI601	O	Applied Sport Psychology	20	
6	SI608	O	Applied Exercise & Health Psychology	20	X

BSc (Hons) Sport and Exercise Science with Nutrition

Similar to students following the 'with PE' exit award, students following the 'with Nutrition' exit award have a modified focus in year two and three. The 'with Nutrition' exit route operates in a similar manner to the 'with PE' route but students have a little more flexibility to take between 100 and 120 credits of modules to make up the 'with Nutrition' minor. The modules which make up this route are assembled from optional modules for other routes which become either compulsory for this route or one of a range of 'limited' options.

The first year of the course operates as for the Sport and Exercise Science route and students apply for the 'with Nutrition route' towards the end of the first year.

In the second year of the course SE572 Nutrition for Physical Activity and SM526 Marketing Communications and Advertising become compulsory modules.

In Level 6 / Year 3 the dissertation must be focussed towards nutrition, the students are then required to choose a minimum of two nutrition orientated optional modules including; SI672 Sports Nutrition, SI621 Physiology of Exercise Health and Nutrition or SI603 Personal and Professional Development module on a nutrition based project, completing at least 80 credits on nutrition specific content at Level 6.

BSc(Hons) Sport and Exercise Science with Nutrition

	Semester 1	Semester 2
Level 4 Year 1	SE471 Musculoskeletal Anatomy and Fundamental Biomechanics 20 credits Level 4	
	SE470 Foundations of Sport & Exercise Physiology 20 credits Level 4	
	SE490 Foundations of Sport & Exercise Psychology 20 credits Level 4	
	SE426 The Scientific Study of Sport & Exercise 20 credits Level 4	
	SE403 Exercise for Health and Physical Performance 20 credits Level 4	
	LE434 Sport and the Body 20 credits Level 4	
	Progression Point	
Level 5 Year 2	SE570 Functional Physiology of Sport & Exercise 20 credits Level 5	
	SE571 Biomechanics of Sport & Exercise 20 credits Level 5	
	SE590 Sport & Exercise Psychology 20 credits Level 5	
	SE525 Research Methods 20 credits Level 5	
	SE572 Nutrition for Physical Activity 20 credits Level 5	
	SM526 Marketing Communications and Advertising 20 credits Level 5	
	Progression Point	
Level 6 Year 3	DI603 Dissertation – NUTRITION FOCUS 40 credits Level 6	
	OPTIONAL 'NUTRITION' MODULE 20 credits Level 6	
	OPTIONAL 'NUTRITION' MODULE 20 credits Level 6	
	OPTIONAL MODULE 20 credits Level 6	
	OPTIONAL MODULE 20 credits Level 6	

Note: In Level 6 / Year 3, at least 40 credits must be from the 'Nutrition' selection, of the remaining 40 credits at least 20 credits must be from the Sport and Exercise Science area. The DI603 dissertation must be on a nutrition related topic.

Modules					
Status:					
M = Mandatory (modules which must be taken and passed to be eligible for the award)					
C = Compulsory (modules which must be taken to be eligible for the award)					
O = Optional (optional modules)					
A = Additional (modules which must be taken to be eligible for an award accredited by a professional, statutory or regulatory body, including any non-credit bearing modules)					
KIS route (UG courses only): Indicate with a X the modules likely to represent the 'typical pathway' through the course. This will include all core/mandatory modules and those optional modules likely to represent the most frequent choice.					
Level^B	Module code	Status	Module title	Credit	KIS route
4	SE471	C	Musculoskeletal Anatomy and Fundamental Biomechanics	20	X
4	SE470	C	Foundations of Sport and Exercise Physiology	20	X
4	SE490	C	Foundations of Sport and Exercise Psychology	20	X
4	SE426	C	The Scientific Study of Sport and Exercise	20	X
4	LE434	C	Sport and the Body	20	X
4	SE403	C	Exercise for Health and Physical Performance	20	X
5	SE571	C	Biomechanics of Sport and Exercise	20	X
5	SE570	C	Applied Physiology	20	X
5	SE572	C	Nutrition for physical activity	20	X
5	SE590	C	Sport and Exercise Psychology	20	X
5	SE525	C	Data Analysis and Research Methods	20	X
5	SM526	C	Sports Marketing Communications and Advertising	20	X
6	DI603	C	Dissertation: Sport & Exercise Science with a Nutrition focus	40	X
Must choose a minimum of two from the following three nutrition orientated modules:					
6	SI672	O	Sports Nutrition	20	X
6	SI621	O	Physiological Aspects of Exercise, Nutrition and Health	20	X
6	SI603	O	Personal and Professional Development in Sport and Exercise Science (Nutrition focussed Project)	20	X
The following modules are standard Sport and Exercise Science optional modules:					
6	SI624	O	Injury and Rehabilitation in Sport and Exercise Science	20	
6	SI623	O	Science of Physical Training and Performance	20	
6	SI627	O	Expedition Physiology	20	
6	SI628	O	Advanced Strength and Conditioning	20	X
6	SI629	O	Advanced Performance Analysis	20	
6	SI630	O	Exercise, Sport and the Brain	20	
6	SI601	O	Applied Sport Psychology	20	
6	SI608	O	Applied Exercise & Health Psychology	20	
6	SZ691	O	Food and Society	20	

AWARD AND CLASSIFICATION							
Award type	Award*	Title	Level	Eligibility for award		Classification of award	
				Total credits ⁹	Minimum credits ¹⁰	Ratio of marks ¹¹ :	Class of award
Final award	BSc (Hons)	Sport Science	6	Total credit 360	Minimum credit at level of award 90	Levels 5 and 6 weighted at 25% and 75% respectively	Honours Degree
Final award	BSc (Hons)	Exercise and Health Science	6	Total credit 360	Minimum credit at level of award 90	Levels 5 and 6 weighted at 25% and 75% respectively	Honours Degree
Final Award	BSc (Hons)	Sport and Exercise Science	6	Total credit 360	Minimum credit at level of award 90	Levels 5 and 6 weighted at 25% and 75% respectively	Honours Degree
Final Award	BSc (Hons)	Sport and Exercise Science with Physical Education	6	Total credit 360	Minimum credit at level of award 90	Levels 5 and 6 weighted at 25% and 75% respectively	Honours Degree
Final Award	BSc (Hons)	Sport and Exercise Science with Nutrition	6	Total credit 360	Minimum credit at level of award 90	Levels 5 and 6 weighted at 25% and 75% respectively	Honours Degree
Intermediate award	BSc	Sport and Exercise Science	6	Total credit 300	Minimum credit at level of award 60	NA	Pass
Intermediate award	BSc	Sport and Exercise Science with Physical Education	6	Total credit 300	Minimum credit at level of award 60	NA	Pass
Intermediate award	BSc	Sport and Exercise Science with Nutrition	6	Total credit 300	Minimum credit at level of award 60	NA	Pass
Intermediate award	DipHE	Sport and Exercise Science	5	Total credit 240	Minimum credit at level of award 90	NA	Pass
Intermediate award	CertHE	Sport and Exercise Science	4	Total credit 120	Minimum credit at level of award 90	NA	Pass

⁹ Total number of credits required to be eligible for the award.

¹⁰ Minimum number of credits required, at level of award, to be eligible for the award.

¹¹ Algorithm used to determine the classification of the final award (all marks are credit-weighted). For a Masters degree, the mark for the final element (e.g. dissertation) must be in the corresponding class of award.

Award classifications	Mark/ band %	Foundation degree	Honours degree	Postgraduate¹² degree (excludes PGCE and BM BS)
	70% - 100%	Distinction	First (1)	Distinction
	60% - 69.99%	Merit	Upper second (2:1)	Merit
	50% - 59.99%	Pass	Lower second (2:2)	Pass
	40% - 49.99%		Third (3)	

¹² Refers to taught provision: PG Cert, PG Dip, Masters.

EXAMINATION AND ASSESSMENT REGULATIONS

Please refer to the *Course Approval and Review Handbook* when completing this section.

The examination and assessment regulations for the course should be in accordance with the *University's General Examination and Assessment Regulations for Taught Courses* (available from staffcentral or studentcentral).

Specific regulations which materially affect assessment, progression and award on the course e.g. Where referrals or repeat of modules are not permitted in line with the University's <i>General Examination and Assessment Regulations for Taught Courses</i> .	NA
Exceptions required by PSRB These require the approval of the Chair of the Academic Board	NA

Course outline - Supplementary information

Course Development Team				
Dr Martin Bailey: Deputy Head of School – Sport Division Dr Alan Richardson: Course Leader BSc (Hons) Sport and Exercise Science				
Student numbers				
<i>No change to course numbers overall.</i>				
	2014/15	2015/16	2016/17	2017/18
Year 1	121	123	128	140
	Year 2 (if any)	96	99	105
		Year 3 (if any)	84	87
			Year 4 (if any)	-
Total numbers				
Relationship with other work in the University				
NA				
Existing validated provision				
The exit route draws extensively on existing modules from Sport and Exercise Science, PE and Marketing / Management.				
Collaborative provision				
NA				

Engagement with national reference points

This course provision meets the QAA benchmarks of the Hospitality, Leisure, Sport and Tourism unit for courses in sport, incorporating the following aspects which relate to the broad definition of sport based courses (section 3.25):

- The study of human responses to sport and exercise, through knowledge of (and effective use of) the disciplines underlying human structure and function, as well as the appraisal of the effects of sport and exercise activity on participants
- The skills required to monitor human performance in sport and/or exercise activities in laboratories and/or field settings
- The study of the performance of sport and its enhancement monitoring and analysis (for those pursuing the Sports Science or Sport and Exercise Science outcomes)
- The study of health related and disease management aspects of exercise and physical activity (for those pursuing the Sport and Exercise Science or Exercise and Health Science outcome)

The relevant benchmark statements and the modules which address them are highlighted in table 2.5 below.

Table 2.6 QAA benchmark statements and the course component which addresses it.

QAA Benchmark Statement	Course Component (Core modules have been highlighted in bold)
demonstrate an understanding of the philosophical basis of scientific paradigms (§ 5.4)	Most modules contribute, but especially SE426, SE525, DI603
demonstrate evidence of competence in the scientific methods of enquiry, interpretation and analysis of relevant data and appropriate technologies (§ 5.4)	SE426, SE470, SE490, SE471, SE570, SE571, SE590, SE525, DI603/5 in addition to optional modules (SI524, SI528, SI521, SE572, SI623, SI627, HB640, SI624)
make effective use of knowledge and understanding of the disciplines underpinning human structure and function (§ 6.17)	SE470, SE471, SE570, SE571, SE490 , in addition to all optional physiology and biomechanics-based modules
appraise and evaluate the effects of sport and exercise intervention on the participant (§ 6.17)	SI524, SI608, SI623, SI624, SI601, DI603
provide a critical appreciation of the relationship between sport and exercise activity and intervention in a variety of participant groups. This will include special populations such as the elderly, disabled and children. (§ 6.17)	SE403, SE500, SE600, SE470, SE570 , SI524, SI623, SI608
monitor, analyse, diagnose and prescribe action to enhance the learning and performance of the component elements of sport (§ 6.18)	SE471, SE571 , SES5OLB, SI528, SI623, SI624, SI601, in addition to optional practical activity-based modules
evidence the skills required to monitor and evaluate sports performance in laboratories and/or field settings (§ 6.18)	SE470, SE570, SE571 , SI529, SI623, SI621, SI624, HB527, SI627
display a critical appreciation of the integration of the variables involved in the delivery (teaching, instructing and coaching) of enhanced sport performance (§ 6.18)	SE403, SE426, SE490, SE590 , SI528, SI628, SI629, SI623, SI601

display awareness of current government policy on disease prevention and the relevance of exercise (§ 6.19)	LE434, SE403, SE470, SE570, SI524, SI621, SI608
show evidence of an ability to monitor health through exercise and prescribe appropriate interventions (§ 6.18)	SE403, SE470, SE570, SI524, SI621, SI608