<table>
<thead>
<tr>
<th><strong>Title</strong></th>
<th>Vocational interventions for people with mental health problems</th>
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<tbody>
<tr>
<td><strong>Code</strong></td>
<td>HEM10</td>
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<tr>
<td><strong>Level</strong></td>
<td>7</td>
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<tr>
<td><strong>Credit rating</strong></td>
<td>20M</td>
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<td><strong>Pre-requisites</strong></td>
<td>Normal entry requirements for the Graduate Programme in Health and Social Science.</td>
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<td><strong>Type of module</strong></td>
<td>Intensive over 1 week</td>
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<td><strong>Aims</strong></td>
<td>The aim of this module is for students to develop a critical awareness of the current evidence relating to vocational interventions for people with mental health problems and to be able to apply this knowledge to their own practice.</td>
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| **Learning outcomes/objectives** | By the end of the module, students will be able to:  
- Critically evaluate evidence relating to vocational rehabilitation interventions in mental health.  
- Critically discuss the interactions between work and people’s mental health.  
- Have a critical understanding of key UK social policy and legislation relating to work and mental health  
- Design an evidence-based vocational intervention to be used in practice. |
| **Content** | The module requires a notional 200 hours of student effort. This will be through:  
- a period of pre-course study (requiring some preparatory reading and critical analysis and preparation of a brief presentation to be used during the first session),  
- a period of attendance  
- a period of independent study prior to completing the assignment.  

The following key areas will be considered:  
Historical and social context that have brought renewed attention to work related intervention in mental health. Specifically: the social inclusion agenda (both ideological and economic foundations) and service user demands for “recovery” orientated mental healthcare.  
Current work related interventions (notably: vocational assessment, individual placement & support; job retention strategies; challenging stigma; condition management), their evidence base and practice settings (statutory health & social care, voluntary sector, independent sector).  
Opportunities for developing/evaluating work related interventions in participants own practice setting. |
| **Teaching and learning strategies** | The module will use a variety of teaching methods but will primarily focus on an action-based participatory learning model. Fixed resource sessions may be provided by subject experts (including service users drawing on their “expertise by experience”). Group work will be used to develop skills of critical discussion. |


Web sites:
Jobcentre Plus – www.jobcentreplus.gov.uk
Mental Health Foundation – www.mhf.org.uk
Mind – www.mind.org.uk
Mindful Employer – www.mindfulemployer.net
National Institute for Mental Health in England –
## Assessment tasks

Students will be required to produce in 3000 words either

a) an evidence-based programme showing how work related interventions for mental health can be developed in the practice setting in which they work.

or

b) a critical review of selected literature discussing issues relevant to a vocational mental health practice setting of their choice and identifying implications for practice.

All must be evidence based, critically evaluated and contemporary, considering the international and national contexts.

## Brief description of module content and/or aims (maximum 80 words)

This module has been designed to enable a range of practitioners working in statutory, voluntary and independent sectors of health and social care to develop their knowledge and skills in relation to vocational interventions for people with mental health problems. It is supported by the NSF for Mental Health, social inclusion and Improving Access to Psychological Therapies policy agendas. It will enable people working in all fields to critically evaluate their current practice and to consider ways in which they may develop evidence based work related interventions for people with mental health problems.