



University of Brighton

SUPPORT AND ADVICE

Discover all the ways Student Services can help to make your university experience a rewarding, supported and successful one.

ADVICE

INFORMATION

EVENTS

OPPORTUNITIES

SUPPORT

WORKSHOPS

RESOURCES

Student Services offer free, confidential and impartial advice to students at every campus. Our experienced and supportive staff can help you with a range of university and non-university issues.

Whatever it is, we're here to help...

STUDENT ADVICE

When you need expert advice about

- financial concerns and money management
- grants, bursaries, loans, and funding eligibility
- immigration advice
- international student support

CAREERS

Prepare for your future, talk to us about

- job hunting, CVs and interview techniques
- developing your employability skills
- volunteering, internships and graduate schemes
- developing enterprise skills and ideas

www.brighton.ac.uk/careers

HEALTH AND WELLBEING

Look after yourself at university with

- our on-site medical centres
- links to local surgeries and health services
- wellbeing workshops to help you manage stress, build confi and communicate effectively

Disclosing your disability will give you access to a wide range of academic and personal support.

If you have a specific learning difficulty or long term-health condition tell us in confidence - more than 10% of our students already have.

DISABILITY AND DYSLEXIA

You aren't alone...

- our trained counsellors offer one-to-one sessions to discuss your concerns in a confidential setting
- our online self-help resources help you explore and cope with issues such as homesickness, depression, stress and anxiety

COUNSELLING

For students of all faiths or none

- our university Chaplains offer support and listening no matter what the issue
- join regular social events, including a community choir
- take part in retreats, worship and discussions

CHAPLAINCY

We cater for little ones too

- with two Ofsted rated nurseries open to children of staff, students and the local community
 - high quality, affordable and flexible childcare
- www.brighton.ac.uk/childcare

CHILDCARE

NEED ADVICE? JUST ASK

ONLINE

- Find a wide range of student life information and advice at www.brighton.ac.uk/current-students
- If you are looking for contact details for a specific team go to www.brighton.ac.uk/current-students/contacts
- To access advice online, log an enquiry via the 'Help and Advice' tab in studentcentral - studentcentral.brighton.ac.uk
- Or email Student Services - studentservices@brighton.ac.uk

IN PERSON

- If your school has a Student Support and Guidance Tutor (SSGT) you can talk to them about anything that is having an impact on your academic or personal life.
Find their contact details at www.brighton.ac.uk/ssgt
- Access Student Services on your campus Monday-Friday
Opening times - www.brighton.ac.uk/current-students/contacts

Eastbourne - Trevin Towers, Gaudick Road

01273 643845

Falmer – E354, Checkland Building

01273 643584

Grand Parade – Room 153, Level 1, main building

01273 643187

Moulsecoomb - Manor House, Moulsecoomb Place

01273 642895

Hastings – The Student Centre, Level 1, Priory Square

01273 644643



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@brightonstudent

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